

FREE



Senior
**Health &
Wellness**
Expo

Learn about Local Health,
Wellness & Safety Resources!

Thursday, October 17, 2019

11:00 am - 2:00 pm

at

**Mastics-Moriches-Shirley
Community Library**

407 William Floyd Parkway, Shirley, NY 11967

631-399-1511 x240 www.communitylibrary.org

Free & Open to All No Registration Required

Organizations attending include:

- Alzheimer's Association
- RSVP Medicare Counseling
- Town of Brookhaven: Senior Division
- Suffolk County Department of Health: Diabetes Management
- Cornell Cooperative Extension Family Health & Wellness
- Touro Senior Citizen Law Program
- Shed the Meds from Suffolk County Sheriff's Office
- Music & Memory and other Library Outreach Services
- Clear Captions FREE Telephone Service
- And much more!